



## CALENDAR OF EVENTS 2008

# Southern Shotokan Karate Association

### JANUARY

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### FEBRUARY

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

### MARCH

M	T	W	T	F	S	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### APRIL

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### MAY

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### JUNE

M	T	W	T	F	S	S
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

### JULY

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### AUGUST

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### SEPTEMBER

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### OCTOBER

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### NOVEMBER

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### DECEMBER

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Key:  Pre-grading  Grading  Black Belt Grading  Course  Bank Holiday

## JANUARY

Sun 20	Fitness First, Eldene Drive, Swindon: 3.00pm-5.00pm - Free Instructors Course for SSKA members only with Chief Instructor of the SSKA
Sun 27	Special Karate Course & Grading for 10th Kyu to 1st Dan at Dorcan Recreation Centre, Swindon - Juniors & Seniors arrive at 10.00am for a lesson 11.00am-1.00pm. Grading starts 1.30pm in the Main Hall with Chief Instructor of the SSKA.

## FEBRUARY

Sun 17	Shotokan Karate Course. Covering all aspects of Shotokan Karate with Rob Lewis 4th Dan Senior Instructor of the SSKA. At Windrush Leisure Centre, Witan Way, Witney. Juniors & Seniors arrive at 9.30am for a lesson 10.00am-12.00pm in the Main Hall. For details phone 07880 938342
Sat 23	Pre-grading at Callington Town Hall, Callington - Juniors & Seniors-Arrive 9.30pm, Lesson 10.00-11.30pm in Main Hall with Chief Instructor of SSKA.
Sun 24	Pre-grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 2nd Main Hall with Chief Instructor of the SSKA. Pre-grading at Dorcan Recreation Centre, Swindon - Juniors & Seniors-Arrive 2.30pm, Lesson 3.30-5.30pm in the Main Hall with Chief Instructor of the SSKA.
Mon 25	Pre-grading at Five Rivers Leisure Centre, Salisbury - Arrive at 6.30pm for a lesson 7.00-8.45pm Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.

## MARCH

Sun 02	Grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 2nd Main Hall with Chief Instructor of the SSKA.
Sun 09	Grading at Five Rivers Leisure Centre, Salisbury - Arrive at 9.30am for a lesson 10.00-12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Dance Studio with Chief Instructor of the SSKA.
Sun 16	Grading at Callington Town Hall, Callington - Arrive 9.30am, Lesson 10.00am-12.00pm Training for Juniors & Seniors. Grading starts approx. 12.30pm in Main Hall with Chief Instructor of the SSKA. Kata & Kata Application Course with Huw Steiner 4th Dan Senior Instructor of the SSKA. At Theale Green Recreation Centre, Theale. Juniors & Seniors arrive 9.30am for a lesson 10.00am-12pm in the Main Hall. For more details tel: 01252 843833 or 07713 714167
Sun 23	Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.30am for a lesson 10.00 - 12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.
Sun 30	Black Belt Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.00am for a lesson 10.00am-12.00pm - Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.

## APRIL

Sun 13	Special Karate Course & Grading for 10th Kyu to 1st Dan at Dorcan Recreation Centre, Swindon - Juniors & Seniors arrive at 10.00am for a lesson 11.00am-1.00pm. Grading starts 1.30pm in the Main Hall with Chief Instructor of the SSKA.
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## MAY

Sun 18	Shotokan Karate Course. Covering all aspects of Shotokan Karate with Rob Lewis 4th Dan Senior Instructor of the SSKA. At Windrush Leisure Centre, Witan Way, Witney. Juniors & Seniors arrive at 9.30am for a lesson 10.00am-12.00pm in the Main Hall. For details phone 07880 938342
Sat 24	Pre-grading at Callington Town Hall, Callington - Juniors & Seniors-Arrive 9.30pm, Lesson 10.00-11.30pm in Main Hall with Chief Instructor of SSKA.
Sun 25	Pre-grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 2nd Main Hall with Chief Instructor of the SSKA. Pre-grading at Dorcan Recreation Centre, Swindon - Juniors & Seniors-Arrive 2.30pm, Lesson 3.30-5.30pm in the Main Hall with Chief Instructor of the SSKA.
Mon 26	Pre-grading at Five Rivers Leisure Centre, Salisbury - Arrive at 6.30pm for a lesson 7.00-8.45pm Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.

## JUNE

Sun 01	Grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 2nd Main Hall with Chief Instructor of the SSKA.
Sun 08	Grading at Five Rivers Leisure Centre, Salisbury - Arrive at 9.30am for a lesson 10.00-12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Dance Studio with Chief Instructor of the SSKA.
Sun 15	Grading at Callington Town Hall, Callington - Arrive 9.30am, Lesson 10.00am-12.00pm Training for Juniors & Seniors. Grading starts approx. 12.30pm in Main Hall with Chief Instructor of the SSKA. Kata & Kata Application Course with Huw Steiner 4th Dan Senior Instructor of the SSKA. At Theale Green Recreation Centre, Theale. Juniors & Seniors arrive 9.30am for a lesson 10.00am-12pm in the Main Hall. For more details tel: 01252 843833 or 07713 714167
Sun 22	Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.30am for a lesson 10.00 - 12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.
Sun 29	Black Belt Grading at Bracknell Sport & Leisure Centre - Arrive at 9.00am for a lesson 10.00am - 12.00pm in the 2nd Main Hall. Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm with Chief Instructor of the SSKA.

## JULY

Sun 06	Special Karate Course & Grading for 10th Kyu to 1st Dan at Bracknell Sport & Leisure Centre - Juniors & Seniors arrive at 10.00am for a lesson 11.00am-1.00pm. Grading starts 1.30pm in the Main Hall with Chief Instructor of the SSKA.
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## AUGUST

Fri 08	8th to 10th August 2008 - Friday to Sunday
Sat 09	Summer Karate Camp for SSKA members only and families. For all grades with Chief Instructor of the S.S.K.A.
Sun 10	Staying and Training at the Trouville Hotel, Priory Road, Bournemouth BH2 5DH. If members require accommodation please contact 07970 864017.

## SEPTEMBER

Sat 06	Pre-grading at Callington Town Hall, Callington - Juniors & Seniors-Arrive 9.30pm, Lesson 10.00-11.30pm in Main Hall with Chief Instructor of SSKA.
Sun 07	Pre-grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 2nd Main Hall with Chief Instructor of the SSKA. Pre-grading at Dorcan Recreation Centre, Swindon - Juniors & Seniors-Arrive 2.30pm, Lesson 3.30-5.30pm in the Main Hall with Chief Instructor of the SSKA.
Mon 08	Pre-grading at Five Rivers Leisure Centre, Salisbury - Arrive at 6.30pm for a lesson 7.00-8.45pm Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sun 14	Grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 2nd Main Hall with Chief Instructor of the SSKA.
Sun 21	Grading at Five Rivers Leisure Centre, Salisbury - Arrive at 9.30am for a lesson 10.00-12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Dance Studio with Chief Instructor of the SSKA. Kata & Kata Application Course with Huw Steiner 4th Dan Senior Instructor of the SSKA. At Theale Green Recreation Centre, Theale. Juniors & Seniors arrive 9.30am for a lesson 10.00am-12pm in the Main Hall. For more details tel: 01252 843833 or 07713 714167
Sun 28	Grading at Callington Town Hall, Callington - Arrive 9.30am, Lesson 10.00am-12.00pm Training for Juniors & Seniors. Grading starts approx. 12.30pm in Main Hall with Chief Instructor of the SSKA.

## OCTOBER

Sun 05	Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.30am for a lesson 10.00 - 12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.
Sun 12	Black Belt Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.00am for a lesson 10.00am-12.00pm - Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.
Sun 26	Fitness First, Eldene Drive, Swindon: 3.00pm-5.00pm - Free Instructors Course for SSKA members only with Chief Instructor of the SSKA

## NOVEMBER

Sun 09	Special Karate Course & Grading for 10th Kyu to 1st Dan at Dorcan Recreation Centre, Swindon - Juniors & Seniors arrive at 10.00am for a lesson 11.00am-1.00pm. Grading starts 1.30pm with Chief Instructor of the SSKA.
Sun 16	Shotokan Karate Course. Covering all aspects of Shotokan Karate with Rob Lewis 4th Dan Senior Instructor of the SSKA. At Windrush Leisure Centre, Witan Way, Witney. Juniors & Seniors arrive at 9.30am for a lesson 10.00am-12.00pm in the Main Hall. For details phone 07880 938342
Sat 22	Pre-grading at Callington Town Hall, Callington - Juniors & Seniors-Arrive 9.30pm, Lesson 10.00-11.30pm in Main Hall with Chief Instructor of SSKA.
Sun 23	Pre-grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 2nd Main Hall with Chief Instructor of the SSKA. Pre-grading at Dorcan Recreation Centre, Swindon - Juniors & Seniors-Arrive 2.30pm, Lesson 3.30-5.30pm in the Main Hall with Chief Instructor of the SSKA.
Mon 24	Pre-grading at Five Rivers Leisure Centre, Salisbury - Arrive at 6.30pm for a lesson 7.00-8.45pm Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sun 30	Grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 2nd Main Hall with Chief Instructor of the SSKA.

## DECEMBER

Sun 07	Grading at Five Rivers Leisure Centre, Salisbury - Arrive at 9.30am for a lesson 10.00-12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Dance Studio with Chief Instructor of the SSKA. Kata & Kata Application Course with Huw Steiner 4th Dan Senior Instructor of the SSKA. At Theale Green Recreation Centre, Theale. Juniors & Seniors arrive 9.30am for a lesson 10.00am-12pm in the Main Hall. For more details tel: 01252 843833 or 07713 714167
Sun 14	Grading at Callington Town Hall, Callington - Arrive 9.30am, Lesson 10.00am-12.00pm Training for Juniors & Seniors. Grading starts approx. 12.30pm in Main Hall with Chief Instructor of the SSKA.
Sat 20	Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.30am for a lesson 10.00 - 12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.
Sun 21	Black Belt Grading at Bracknell Sport & Leisure Centre - Arrive at 9.00am for a lesson 10.00am - 12.00pm in the 2nd Main Hall. Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm with Chief Instructor of the SSKA.

Main Dan Kyu Grading and Course Centre for the S.S.K.A  
Dorcan Recreation Centre, St Pauls Drive, Swindon

South East Dan Kyu Grading Course Centre  
Bracknell Sports & Leisure Centre, Bagshot Road, Bracknell, Berkshire, RG12 9SE

Southern Kyu Grading Centre  
Five Rivers Leisure Centre, Hulse Road, Salisbury

South West Kyu Grading Centre  
Callington Town Hall, New Road, Callington, Cornwall, PL17 7BD

Residential Training Centres  
Trouville Hotel, Priory Road, Bournemouth, BH2 5DH

Main S.S.K.A Karate Club for all grades  
Fitness First Leisure Centre, Eldene Drive, Swindon. Wednesdays 7.15pm - 8.45pm  
All training with Sensei Cole, 6th Dan, Chief Instructor of the SSKA

You must attend all pre-grading lessons even if you are not grading. If you do not attend you could lose your grade. You must attend a minimum of 3 brown/black belt courses before you may grade for 1st Dan. A minimum of 6 courses must have been attended for those wishing to grade for 2nd Dan and above, so please ensure your course attendance booklet is complete. In addition, you must attend a minimum of 3 courses after your Dan grading.

If you do not comply to the above rules you will not be able to grade.

**RULING:** The Grading Examiners' decision is FINAL.

Please ensure you arrive at least 30 minutes before each event in the calendar.

You will be notified if there are any changes to the 2008 calendar.  
Terms and conditions apply to all venues featured in the SSKA 2008 calendar.  
No refunds from any of the venues on the 2008 calendar.

**ENQUIRIES:**

Main Office: SSKA Suite 1, Bentley Centre Stratton Road, Swindon, SN1 2SH  
Telephone: 01793 690642 or visit [www.sska.co.uk](http://www.sska.co.uk)

All SSKA instructors are CRB checked and hold Child Protection Policies.  
All SSKA instructors are fully qualified and insured to teach.