



SOUTHERN SHOTOKAN KARATE ASSOCIATION



Calendar 2020

JANUARY

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FEBRUARY

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JUNE

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AUGUST

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SEPTEMBER

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DECEMBER

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Key: Pre-grading Grading Black Belt Grading Bank Holiday Residential Course Instructor's/Kata Course/Competition

JANUARY

Sun 26

Open Free Instructor's Information Course at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. 3.00-5.00pm. This course is for all instructors, including junior instructors, and anyone 4th Kyu and above who would like to become an instructor and run a SSKA club. The course will give you new ideas about teaching your students, advice on how to promote your club and a chance to concentrate on your own karate to help you progress, and an intense Judging and Refereeing course in preparation for the SSKA Annual Competition. For all enquiries phone or text the SSKA 07557 532676.

FEBRUARY

Fri 7

22nd Winter Karate Camp - Friday 7th February to Sunday 9th February 2020 for SSKA members, family and friends. For all grades with Chief Instructor of the S.S.K.A and Senior Instructor assistance.

Sat 8

Staying and training at the Trouville Hotel, Priory Road, Bournemouth, BH2 5DH. Training fee: £85 for the course or £30 per day.

Sun 9

If members require accommodation please contact 01202 552262 and quote the SSKA to get your discount. Please make sure you have paid the SSKA fees before you book your room.

Sat 29

Pre-grading at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All grades) arrive at 9.45am for admin, lesson 10.00am-11.00am with Chief Instructor of the SSKA.

Pre-grading at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30-3.00pm. With Sensei McCormack.

Pre-grading for Kyu Grades and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS - Juniors & Seniors (All grades) arrive at 2.30pm for admin, lesson 3.00 - 4.00pm. In the Gym with Chief Instructor of the SSKA.

Pre-grading at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.30pm for admin, lesson 5.00-6.00pm. With Sensei Lewis.

MARCH

Sun 1

Pre-grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

Pre-grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

Sat 7

Kyu and Black Belt Grading Centre at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All Grades) arrive at 9.30am for admin, lesson 10.00 - 11.00am.

Kyu Gradings start at approx. 11.15am in the Main Hall. Black Belt Gradings start at approx. 12 noon in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.

Sun 8

Kyu Grading and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS.

Juniors & Seniors (All Grades) arrive at 11.30am for admin, lesson 12 noon - 1.00pm.

Grading starts approx. 1.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance. (If there are not many students grading the lesson will be 1½ hours long.)

Sun 15

Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am.

Gradings start at 11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

Sun 22

Kyu Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am.

Grading starts approx. 11.00am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.

Sun 29

Black & Brown Belt Course and Black Belt Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors arrive at 8.45am for admin, lesson 9.30 - 11.00am.

Grading starts approx. 11.15am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.

APRIL

Sat 25

1st Spring Karate Camp - Saturday 25th April to Sunday 26th April 2020 for SSKA members, black belt and 1st kyu only (16 years & above).

Staying and training at the Premier Inn, Exmouth. Specialised course concentrating on all technical areas in Shotokan.

Sun 26

With Stuart Cole 7th Dan Chief Instructor of the SSKA. For more details phone or text 07557 532676

JUNE

Sat 6

Pre-grading at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All grades) arrive at 9.45am for admin, lesson 10.00am-11.00am with Chief Instructor of the SSKA.

Pre-grading at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30-3.00pm. With Sensei McCormack.

Pre-grading for Kyu Grades and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS - Juniors & Seniors (All grades) arrive at 2.30pm for admin, lesson 3.00 - 4.00pm. In the Gym with Chief Instructor of the SSKA.

Pre-grading at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.30pm for admin, lesson 5.00-6.00pm. With Sensei Lewis.

Sun 7

Pre-grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

Pre-grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

Sat 13

Kyu and Black Belt Grading Centre at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All Grades) arrive at 9.30am for admin, lesson 10.00 - 11.00am.

Kyu Gradings start at approx. 11.15am in the Main Hall. Black Belt Gradings start at approx. 12 noon in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.

Sun 14

Kyu Grading and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS.

Juniors & Seniors (All Grades) arrive at 11.30am for admin, lesson 12 noon - 1.00pm.

Grading starts approx. 1.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance. (If there are not many students grading the lesson will be 1½ hours long.)

Sun 21

Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am.

Gradings start at 11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

Sun 28

Kyu Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am.

Grading starts approx. 11.00am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.

JULY

Sun 5	Black & Brown Belt Course and Black Belt Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors arrive at 8.45am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.15am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.
Sun 12	SSKA Annual Kata Course at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am, course 9.30am-11.30am. £15 per person, £25 for family of 2, £35 for family of 3, £45 for family of 4. (please see grading sheets or the sska website for details). Please pay early as spaces are limited and are on a first come, first served basis. (If spaces are available you can pay on the day). For all enquiries phone or text the SSKA 07557 532676.
Sun 19	SSKA National Championship at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. All competitors and spectators arrive at 9.30am. For details phone or text the SSKA 07557 532676

AUGUST

Fri 14	22nd Summer Karate Camp - Friday 14th to Sunday 16th August 2020 for SSKA members, family and friends. For all grades with Chief Instructor of the S.S.K.A. and Senior Instructor assistance.
Sat 15	Staying and training at the Trouville Hotel, Priory Road, Bournemouth, BH2 5DH. Training fee: £85 for the course or £30 per day.
Sun 16	If members require accommodation please contact 01202 552262 and tell them that you are a member of the SSKA to get your discount. Please make sure you have paid the SSKA fees before you book your room.

SEPTEMBER

Sat 12	Pre-grading at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All grades) arrive at 9.45am for admin, lesson 10.00am-11.00am with Chief Instructor of the SSKA. Pre-grading at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30-3.00pm. With Sensei McCormack. Pre-grading for Kyu Grades and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS - Juniors & Seniors (All grades) arrive at 2.30pm for admin, lesson 3.00 - 4.00pm. In the Gym with Chief Instructor of the SSKA. Pre-grading at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.30pm for admin, lesson 5.00-6.00pm. With Sensei Lewis.
Sun 13	Pre-grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Pre-grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sat 19	Kyu and Black Belt Grading Centre at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All Grades) arrive at 9.30am for admin, lesson 10.00 - 11.00am. Kyu Gradings start at approx. 11.15am in the Main Hall. Black Belt Gradings start at approx. 12 noon in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.
Sun 20	Kyu Grading and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS. Juniors & Seniors (All Grades) arrive at 11.30am for admin, lesson 12 noon - 1.00pm. Grading starts approx. 1.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance. (If there are not many students grading the lesson will be 1½ hours long.)
Sun 27	Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Gradings start at 11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

OCTOBER

Sun 4	Kyu Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Grading starts approx. 11.00am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 11	Black & Brown Belt Course and Black Belt Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors arrive at 8.45am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.15am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.

NOVEMBER

Sat 14	Pre-grading at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All grades) arrive at 9.45am for admin, lesson 10.00am-11.00am with Chief Instructor of the SSKA. Pre-grading at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30-3.00pm. With Sensei McCormack. Pre-grading for Kyu Grades and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS - Juniors & Seniors (All grades) arrive at 2.30pm for admin, lesson 3.00 - 4.00pm. In the Gym with Chief Instructor of the SSKA. Pre-grading at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.30pm for admin, lesson 5.00-6.00pm. With Sensei Lewis.
Sun 15	Pre-grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Pre-grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sat 21	Kyu and Black Belt Grading Centre at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All Grades) arrive at 9.30am for admin, lesson 10.00 - 11.00am. Kyu Gradings start at approx. 11.15am in the Main Hall. Black Belt Gradings start at approx. 12 noon in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.
Sun 22	Kyu Grading and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS. Juniors & Seniors (All Grades) arrive at 11.30am for admin, lesson 12 noon - 1.00pm. Grading starts approx. 1.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance. (If there are not many students grading the lesson will be 1½ hours long.)
Sun 29	Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Gradings start at 11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

DECEMBER

Sun 6	Kyu Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Grading starts approx. 11.00am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 13	Black & Brown Belt Course and Black Belt Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors arrive at 8.45am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.15am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.

SSKA CENTRES & VENUES

Reading Pre-Grading, Kyu & Dan Grading Course Centre for the S.S.K.A

Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY

Swindon Pre-Grading, Kyu & Dan Grading Course Centre

Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY

Minehead Kyu Pre-Grading Course Centre

West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY

Exeter Kyu & Dan Grading Course Centre

Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF

Salisbury Pre-Grading and Black & Brown Belt Course Centre

Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS

Clevedon Kyu Pre-Grading Course Centre

Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG

Residential Training Centre for Spring Camp

Premier Inn Exmouth Seafront Hotel, The Esplanade, Exmouth EX8 2AZ

Residential Training Centre for Winter & Summer Camp

Trouville Hotel, Priory Road, Bournemouth, Dorset, BH2 5DH

You **must** attend all pre-grading lessons even if you are not grading. If you do not attend, you could lose your grade. You **must** attend a minimum of 4 brown/black belt courses, before you can grade for 1st Dan. A minimum of 8 courses must have been attended, for those wishing to grade for 2nd Dan and above. Therefore, please ensure your course attendance booklet is complete.

In addition, you **must** attend a minimum of 4 courses after your Dan grading or you may lose your grade.

If you do not comply with the above rules you will not be able to grade. RULING: The Grading Examiners' decision is FINAL.

Please ensure you arrive at least 30 minutes before each event in the calendar.

Students grading for black belt and above must register 2 weeks before their grading by emailing Sensei Cole at: sska595@gmail.com

Please state your name, club, grading centre and the grade you wish to take. This is to allow sufficient time to arrange the grading.

For all license and grading enquiries please contact the SSKA Secretary & Licensing Officer:

Sensei Whitcher, 6th Dan. Telephone: 07903 012340 or E-mail: grading@sska.co.uk

We would like to offer free advertising on the SSKA website for any self-employed person or business who wishes to advertise their services.

Please contact Sensei Whitcher, Senior Instructor of the SSKA on 07903 012340 or visit www.sska.co.uk

SSKA Enquiries, phone or text:

NAME	DAN	EMAIL	PHONE	POSITION
Sensei Cole	7 th	sska595@gmail.com	07557 532676	Chief Instructor of the Southern Shotokan Karate Association
Rob Lewis	6 th	rob.sska@virgin.net	07872 019626	Assistant Chief Instructor, Grading Examiner, Complaints & Disputes
Cailey Whitcher	6 th	grading@sska.co.uk	07903 012340	Assistant Chief Instructor, Grading Examiner, Licensing Officer & PA
Tracy Haley	5 th	rob.sska@virgin.net	07872 019626	Senior Instructor & Assistant Grading Examiner
Geoff Ridgway	5 th	Sensei@FleetKarate.co.uk	07917 759343	Senior Instructor & Assistant Grading Examiner
Tracie Quelch	4 th	tquelch@hotmail.com	07582 716788	Senior Instructor & Assistant Grading Examiner
Maxine Thomas	4 th	keithtee@aol.com	07770 410107	Senior Instructor, Secretary & Assistant Grading Examiner
Mark McCormack	4 th	mccormack314@btinternet.com	07729 518269	Senior Instructor & Grading Assistant
George McShane	4 th	georgemcshane59@gmail.com	07770 830067	Senior Instructor & Grading Assistant
Dene Marshallsay	4 th	calne.shotokan.karate@gmail.com	07867 800853	Senior Instructor & Grading Assistant
Craig Garrood	4 th	candjgarrood@sky.com	07787 228154	Senior Instructor & Grading Assistant
Richard Ellis	4 th	richard_ellis@btinternet.com	07809 210048	Senior Instructor & Grading Assistant
John Phillips	4 th	j.phillips147@btinternet.com	07738 798559	Senior Instructor & Grading Assistant
Amanda Dillon	4 th	amandaloudillon@aol.com	07464 809858	Senior Instructor, Secretary & Grading Assistant
Ray Dolphin	4 th	r.dolphin@sky.com	07522 559672	Senior Instructor & Grading Assistant
Tony Kimber	4 th	tkimber@gems-sensors.co.uk	07799 064836	Senior Instructor & Grading Assistant
Zoe Cummins	4 th	r.dolphin@sky.com	07522 559672	Senior Instructor & Grading Assistant
Terry Tozer	3 rd	info@tjska.com	07790 032354	Senior Instructor & Grading Assistant
Kevin Sanger	3 rd	banger@btinternet.com	07593 166926	Senior Instructor & Grading Assistant
Jo Withey	3 rd	jo@withey.org	07914 401231	Senior Instructor & Grading Assistant
Trevor Ockwell	5 th	trevor@ockwell.info	07393 572098	Senior Instructor & Grading Assistant
Ann Preece	2 nd	...	07795 575617	Relief Instructor
Gary Leyshon	2 nd	wgleyshon@gmail.com	07989 388191	SSKA Promotions Officer

or visit www.sska.co.uk

All SSKA instructors are DBS checked and hold Child Protection Policies.

All SSKA instructors are fully qualified and insured to teach.

The SSKA has made every effort to ensure all information is correct at the time of going to press.

If there are any changes to the calendar of events, these will appear on the Grading Information Sheet and the SSKA website.

All pre-paid events advertised are non-refundable. Terms & conditions apply.

Please help promote your local karate club by advertising it on social media.