



Southern Shotokan Karate Association

CALENDAR OF EVENTS 2009

JANUARY

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
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FEBRUARY

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MARCH

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APRIL

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MAY

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JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

M	T	W	T	F	S	S
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Key: Pre-grading Grading Black Belt Grading Course Bank Holiday

JANUARY

Sun 11	Fitness First, Eldene Drive, Swindon: 3.00pm-6.00pm - Free Instructors Course for SSKA Instructors only with Chief Instructor of the SSKA
Fri 30	Winter Karate Camp - Friday 30th January to Sunday 2nd February 2009 for SSKA members only and families. For all grades with Chief Instructor of the S.S.K.A. Staying and Training at the Trouville Hotel, Priory Road, Bournemouth BH2 5DH. If members require accommodation please contact 01202 552262.

FEBRUARY

Sun 15	Shotokan Karate Course. Covering all aspects of Shotokan Karate with Rob Lewis 4th Dan Senior Instructor of the SSKA. At Windrush Leisure Centre, Witan Way, Witney. Juniors & Seniors arrive at 9.30am for a lesson 10.00am-12.00pm in the Main Hall. For details phone 07880 938342
Sat 21	Pre-grading at Callington Town Hall, Callington - Juniors & Seniors-Arrive 9.30pm, Lesson 10.00-11.30am in Main Hall with Chief Instructor of SSKA. Pre-grading at Castle Sports Centre, Wellington Road, Taunton - Juniors & Seniors-Arrive 10.00am, Lesson 10.30-12.00 noon. With Senior Instructor of the SSKA, Rob Lewis. Pre-grading at St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove BG1 7JW - Arrive at 4.30pm for a lesson 5.00-6.30pm. Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sun 22	Pre-grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 3M Hall with Chief Instructor of the SSKA & Senior Instructor Rob Lewis. Pre-grading at Dorcan Recreation Centre, Swindon - Juniors & Seniors-Arrive 2.30pm, Lesson 3.30-5.30pm in the Main Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Mon 23	Pre-grading at Five Rivers Leisure Centre, Salisbury - Arrive at 6.30pm for a lesson 7.00-8.30pm Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sat 28	Kyu Grading at Callington Town Hall, Callington - Arrive 9.30am, Lesson 10.00am-11.30am Training for Juniors & Seniors. Grading starts approx. 12.00 noon in Main Hall with Chief Instructor of the SSKA.

MARCH

Sat 07	Kyu Grading at Castle Sports Centre, Wellington Road, Taunton - Arrive 10.30am, Lesson 11.00am-12.30pm Training for Juniors & Seniors. Grading starts approx. 1.00pm in Main Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Sun 08	Kyu Grading at Five Rivers Leisure Centre, Salisbury - Arrive at 9.30am for a lesson 10.00-11.30am - Training for Juniors & Seniors. Grading starts approx. 12.00pm in the Dance Studio with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Sun 15	Kyu Grading at Bracknell Sport & Leisure Centre - Yellow Belt to Beginner (Junior & Senior) arrive 9.30am for a lesson 10.00am-11.30am. Black to Green Belt (Junior & Senior) arrive 11.00am for a lesson 11.30am-1.00pm In the 3M Hall. Gradings start at 1.30pm with Chief Instructor of the SSKA, Senior Instructors of the SSKA Huw Steiner & Rob Lewis.
Sat 21	Kyu Grading at St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove BG1 7JW - Arrive 4.30pm, Lesson 5.00pm-6.00pm Training for Juniors & Seniors. Grading starts approx. 6.15pm with Chief Instructor of the SSKA.
Sun 22	Kyu Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.30am for a lesson 10.00-12.00 noon - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA, Senior Instructors of the SSKA Huw Steiner & Rob Lewis.
Sun 29	Black Belt Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.00am for a lesson 10.00am-12.00 noon - Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.

APRIL

Sun 26	Traditional Kata Course for all grades. At Dorcan Recreation Centre, Swindon - Purple & White to Beginner (Junior & Senior) arrive 9.30am for a lesson 10.00am-11.30am. Black & Brown Belt (Junior & Senior) arrive 11.00am for a lesson 11.30am-1.00pm in the Main Hall.
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MAY

Sun 03	Shotokan Karate Course. Covering all aspects of Shotokan Karate with Rob Lewis 4th Dan Senior Instructor of the SSKA. At Windrush Leisure Centre, Witan Way, Witney. Juniors & Seniors arrive at 9.30am for a lesson 10.00am-12.00pm in the Main Hall. For details phone 07880 938342
Sun 17	Annual SSKA Kata and Kumite Competition. Venue to be decided at later date.
Fri 29	Pre-grading at Callington Town Hall, Callington - Juniors & Seniors-Arrive 6.00pm, Lesson 6.30 - 8.00pm in Main Hall with Chief Instructor of SSKA.
Sat 30	Pre-grading at Castle Sports Centre, Wellington Road, Taunton - Juniors & Seniors-Arrive 10.00am, Lesson 10.30-12.00 noon, with Senior Instructor of the SSKA, Rob Lewis. Pre-grading at St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove BG1 7JW - Arrive at 4.30pm for a lesson 5.00-6.30pm. Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sun 31	Pre-grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 3M Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis. Pre-grading at Dorcan Recreation Centre, Swindon - Juniors & Seniors-Arrive 2.30pm, lesson 3.30-5.30pm in the Main Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.

JUNE

Mon 01	Pre-grading at Five Rivers Leisure Centre, Salisbury - Arrive at 6.30pm for a lesson 7.00-8.30pm Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sat 06	Kyu Grading at Callington Town Hall, Callington - Arrive 9.30am, Lesson 10.00am-11.30am Training for Juniors & Seniors. Grading starts approx. 12.00 noon in Main Hall with Chief Instructor of the SSKA.
Sun 07	Black Belt Grading at Castle Sports Centre, Wellington Road, Taunton - Arrive at 9.00am for a lesson 10.00am-12.00 noon - Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.
Sat 13	Kyu Grading at Castle Sports Centre, Wellington Road, Taunton - Arrive 10.30am, Lesson 11.00am-12.30pm Training for Juniors & Seniors. Grading starts approx. 1.00pm in Main Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Sun 14	Kyu Grading at Five Rivers Leisure Centre, Salisbury - Arrive at 9.30am for a lesson 10.00-11.30am - Training for Juniors & Seniors. Grading starts approx. 12.00pm in the Dance Studio with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Sat 20	Kyu Grading at St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove BG1 7JW - Arrive 4.30pm, Lesson 5.00pm-6.00pm Training for Juniors & Seniors. Grading starts approx. 6.15pm with Chief Instructor of the SSKA.
Sun 21	Kyu Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.30am for a lesson 10.00 - 12.00 noon - Training for Juniors & Seniors. Grading starts approx. 12.30pm in Main Hall with Chief Instructor of the SSKA, Senior Instructors of the SSKA Huw Steiner & Rob Lewis.
Sun 28	Kyu Grading at Bracknell Sport & Leisure Centre - Yellow Belt to Beginner (Junior & Senior) arrive 9.30am for a lesson 10.00am-11.30am. Black to Green Belt (Junior & Senior) arrive 11.00am for a lesson 11.30am-1.00pm In the 3M Hall. Gradings start at 1.30pm with Chief Instructor of the SSKA, Senior Instructors of the SSKA Huw Steiner & Rob Lewis.

JULY

Sun 05	Black Belt Grading at Bracknell Sport & Leisure Centre - Arrive at 9.00am for a lesson 10.00am - 12.00 noon in the 3M Hall. Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm with Chief Instructor of the SSKA.
Sun 12	Self-Defence, Street Awareness & Kumite Course for all grades, including non-karate members, with Chief Instructor of the S.S.K.A. Bracknell Sport & Leisure Centre, in the 3M Hall. Juniors to 14yrs arrive at 10.30am for a lesson 11.00am-1.30pm. 15yrs & above arrive at 1.00pm for a lesson 1.30pm-3.00pm.

AUGUST

Fri 14	Friday 14th to Sunday 16th August 2009
Sat 15	Summer Karate Camp for SSKA members only and families. For all grades with Chief Instructor of the S.S.K.A. Staying and Training at the Trouville Hotel, Priory Road, Bournemouth BH2 5DH.
Sun 16	If members require accommodation please contact 01202 552262.

SEPTEMBER

Sat 05	Pre-grading at Callington Town Hall, Callington - Juniors & Seniors-Arrive 9.30pm, Lesson 10.00-11.30am in Main Hall with Chief Instructor of SSKA. Pre-grading at Castle Sports Centre, Wellington Road, Taunton - Juniors & Seniors-Arrive 10.00am, lesson 10.30-12.00 noon. With Senior Instructor of the SSKA, Rob Lewis. Pre-grading at St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove BG1 7JW - Arrive at 4.30pm for a lesson 5.00-6.30pm. Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sun 06	Pre-grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 3M Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis. Pre-grading at Dorcan Recreation Centre, Swindon - Juniors & Seniors-Arrive 2.30pm, Lesson 3.30-5.30pm in the Main Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Mon 07	Pre-grading at Five Rivers Leisure Centre, Salisbury - Arrive at 6.30pm for a lesson 7.00-8.30pm Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sat 12	Kyu Grading at Callington Town Hall, Callington - Arrive 9.30am, Lesson 10.00am-11.30am Training for Juniors & Seniors. Grading starts approx. 12.00pm in Main Hall with Chief Instructor of the SSKA.
Sat 19	Kyu Grading at Castle Sports Centre, Wellington Road, Taunton - Arrive 10.30am, Lesson 11.00am-12.30pm Training for Juniors & Seniors. Grading starts approx. 1.00pm in Main Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Sun 20	Kyu Grading at Five Rivers Leisure Centre, Salisbury - Arrive at 9.30am for a lesson 10.00-11.30am - Training for Juniors & Seniors. Grading starts approx. 12.00pm in the Dance Studio with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Sun 27	Kyu Grading at Bracknell Sport & Leisure Centre - Yellow Belt to Beginner (Junior & Senior) arrive 9.30am for a lesson 10.00am-11.30am. Black to Green Belt (Junior & Senior) arrive 11.00am for a lesson 11.30am-1.00pm In the 3M Hall. Gradings start at 1.30pm with Chief Instructor of the SSKA, Senior Instructors of the SSKA Huw Steiner & Rob Lewis.

OCTOBER

Sat 03	Kyu Grading at St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove BG1 7JW - Arrive 4.30pm, Lesson 5.00pm-6.00pm Training for Juniors & Seniors. Grading starts approx. 6.15pm with Chief Instructor of the SSKA.
Sun 04	Kyu Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.30am for a lesson 10.00 - 12.00pm - Training for Juniors & Seniors. Grading starts approx. 12.30pm in Main Hall with Chief Instructor of the SSKA, Senior Instructors of the SSKA Huw Steiner & Rob Lewis.
Sat 10	Pre-grading at St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove BG1 7JW - Arrive at 4.30pm for a lesson 5.00-6.30pm. Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sun 11	Black Belt Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.00am for a lesson 10.00am-12.00pm - Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.
Sun 18	Shotokan Karate Course. Covering all aspects of Shotokan Karate with Rob Lewis 4th Dan Senior Instructor of the SSKA. At Windrush Leisure Centre, Witan Way, Witney. Juniors & Seniors arrive at 9.30am for a lesson 10.00am-12.00pm in the Main Hall. For details phone 07880 938342

NOVEMBER

Sun 01	Fitness First, Eldene Drive, Swindon: 3.00pm-6.00pm - Free Instructors Course for SSKA Instructors only with Chief Instructor of the SSKA
Sat 14	Pre-grading at Callington Town Hall, Callington - Juniors & Seniors-Arrive 9.30pm, Lesson 10.00-11.30am in Main Hall with Chief Instructor of SSKA. Pre-grading at Castle Sports Centre, Wellington Road, Taunton - Juniors & Seniors-Arrive 10.00am, Lesson 10.30-12.00 noon. With Senior Instructor of the SSKA, Rob Lewis.
Sun 15	Pre-grading at Bracknell Sport & Leisure Centre - Black to Green Belt (Junior & Senior) arrive 9.00am for a lesson 10.00am-11.30am. Yellow Belt to Beginner (Junior & Senior) arrive 10.30am for a lesson 11.30am-1.00pm In the 3M Hall with Chief Instructor of the SSKA & Senior Instructors Rob Lewis. Pre-grading at Dorcan Recreation Centre, Swindon - Juniors & Seniors-Arrive 2.30pm, Lesson 3.30-5.30pm in the Main Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Mon 16	Pre-grading at Five Rivers Leisure Centre, Salisbury - Arrive at 6.30pm for a lesson 7.00-8.30pm Training for Juniors & Seniors in the Main Hall with Chief Instructor of the SSKA.
Sat 21	Kyu Grading at Callington Town Hall, Callington - Arrive 9.30am, Lesson 10.00am-11.30pm Training for Juniors & Seniors. Grading starts approx. 12.00 noon in Main Hall with Chief Instructor of the SSKA.
Sun 22	Black Belt Grading at Castle Sports Centre, Wellington Road, Taunton - Arrive at 9.00am for a lesson 10.00am-12.00 noon - Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA.
Sat 28	Kyu Grading at Castle Sports Centre, Wellington Road, Taunton - Arrive 10.30am, Lesson 11.00am-12.30pm Training for Juniors & Seniors. Grading starts approx. 1.00pm in Main Hall with Chief Instructor of the SSKA & Senior Instructor of the SSKA, Rob Lewis.
Sun 29	Kyu Grading at Five Rivers Leisure Centre, Salisbury - Arrive at 9.30am for a lesson 10.00-11.30am - Training for Juniors & Seniors. Grading starts approx. 12.00 noon in the Dance Studio with Chief Instructor of the SSKA & Senior Instructor Rob Lewis.

DECEMBER

Sat 05	Kyu Grading at St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove BG1 7JW - Arrive 4.30pm, Lesson 5.00pm-6.00pm Training for Juniors & Seniors. Grading starts approx. 6.15pm with Chief Instructor of the SSKA.
Sun 06	Kyu Grading at Dorcan Recreation Centre, Swindon - Arrive at 9.30am for a lesson 10.00 - 12.00 noon - Training for Juniors & Seniors. Grading starts approx. 12.30pm in the Main Hall with Chief Instructor of the SSKA, Senior Instructors of the SSKA Huw Steiner & Rob Lewis.
Sun 13	Kyu Grading at Bracknell Sport & Leisure Centre - Yellow Belt to Beginner (Junior & Senior) arrive 9.30am for a lesson 10.00am-11.30am. Black to Green Belt (Junior & Senior) arrive 11.00am for a lesson 11.30am-1.00pm In the 3M Hall with Chief Instructor of the SSKA, Senior Instructors of the SSKA Huw Steiner & Rob Lewis.
Sun 20	Black Belt Grading at Bracknell Sport & Leisure Centre - Arrive at 9.00am for a lesson 10.00am - 12.00 noon in the 3M Hall. Junior & Senior training for Black/Brown belts only. Grading starts approx. 12.30pm with Chief Instructor of the SSKA.

Main Dan Kyu Grading and Course Centre for the S.S.K.A
Dorcan Recreation Centre, St Pauls Drive, Swindon, SN3 5BY

South East Dan Kyu Grading Course Centre
Bracknell Sports & Leisure Centre, Bagshot Road, Bracknell, Berkshire, RG12 9SE

Western Dan and Kyu Grading Centre
Castle Sports Centre, Wellington Road, Taunton, TA1 5AU

Southern Kyu Grading Centre
Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR

South West Kyu Grading Centre
Callington Town Hall, New Road, Callington, Cornwall, PL17 7BD

Northern Kyu Grading Centre
St. John the Baptist Church Hall, 14 Kidderminster Road, Bromsgrove, BG1 7JW

Residential Training Centres
Trouville Hotel, Priory Road, Bournemouth, BH2 5DH

Main S.S.K.A Karate Club for all grades
Fitness First Leisure Centre, Eldene Drive, Swindon. Wednesdays 7.15pm - 8.45pm
All training with Sensei Cole, 6th Dan, Chief Instructor of the SSKA

You must attend all pre-grading lessons even if you are not grading. If you do not attend you could lose your grade. You must attend a minimum of 3 brown/black belt courses before you may grade for 1st Dan. A minimum of 6 courses must have been attended for those wishing to grade for 2nd Dan and above, so please ensure your course attendance booklet is complete. In addition, you must attend a minimum of 3 courses after your Dan grading.

If you do not comply to the above rules you will not be able to grade.

RULING: The Grading Examiners' decision is FINAL.

Please ensure you arrive at least 30 minutes before each event in the calendar.

You will be notified if there are any changes to the 2009 calendar.
Terms and conditions apply to all venues featured in the SSKA 2009 calendar.
No refunds from any of the venues on the 2009 calendar.

SSKA Secretary & Licensing Officer:

Telephone: 07774 493096

(Available weekdays after 6.00pm until 9.00pm, weekends 10.00am until 5.00pm)

SSKA Enquiries:

07970 864017

07713 714167

07880 938342

07801 441193

07872 019626

or visit www.sska.co.uk

Main Office: SSKA Suite 1, Bentley Centre Stratton Road, Swindon, SN1 2SH

All SSKA instructors are CRB checked and hold Child Protection Policies.
All SSKA instructors are fully qualified and insured to teach.